

# SACRAMENTO YOUTH FOOTBALL

## AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY (READ BEFORE SIGNING)

In consideration of being allowed to participate in any way in the **SACRAMENTO YOUTH FOOTBALL (“SYF”)** league (football and cheer programs) , related events and activities, the undersigned acknowledges, appreciates, agrees, and covenants that:

The risk of injury from the activities involved in this program are significant, including the potential for, but not limited to, falls, slips, sprains, broken bones, contact with other players, paralysis, sudden death, injuries from pot-holes, standing water and other conditions of the field, along with humidity, heat, cold, and other weather conditions inherent to a game played outdoors; we understand that while particular rules, equipment may reduce these risks, the risk of serious injuries still does exist.

**I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS**, both known and unknown, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES** or others, and assume full responsibility for my participation or as the parent/guardian of the participant minor child.

I willingly agree to comply with all of the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my participation, in or near by presence, I will remove myself from participation and/or proximity of the hazard and bring it to the attention of the nearest official immediately; I also consent to having my likeness, image, picture, or videos of myself or my child/minor used in any advertising or promotion by the SYF without compensation.

I, for myself, and on behalf of my spouse, executor, heirs, assigns, personal representations, and next of kin, **HEREBY RELEASE, AND SHALL HOLD HARMLESS & INDEMNIFY SYF**, game site host, their agents, assistants, officials, volunteers, medical personnel, officers, employees, sponsoring agencies, sponsors, advertisers, owners or lessors of any premise used to conduct the event (known herein as **RELEASEES**), **WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH**, or loss, or damage to person or property, **WHETHER ARISING FROM NEGLIGENCE OF THE RELEASEES OR OTHERWISE, and FURTHER AGREE & PROMISE TO INDEMNIFY and HOLD HARMLESS THE RELEASEES** from any and all claims, liabilities, damages, and expenses (including attorneys’ fees and costs incurred) in any proceeding to enforce or defend this Waiver and Release (Venue to be Sacramento, California).

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT. I FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT OR INFLUENCE.**

Participant’s Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

Print Participant’s Name Here \_\_\_\_\_ Print Team’s Name \_\_\_\_\_

Parent or Guardian’s Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

Print Name of Parent/Guardian Here \_\_\_\_\_

Parent or Guardian’s Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

Print Name of Parent/Guardian Here \_\_\_\_\_

(Eff.5/6/09)

